

# Learning Along The Waccamaw

By Linda Ketron

## Seacoast Artist Guild News

The Grand Opening and Ribbon Cutting of the Seacoast Artist Guild's Gallery throughout dining rooms, service areas and even restrooms of the Applewood House of Pancakes in Litchfield was a joyous event on Friday, Sept. 18. The marriage between these two families (the Vlahos family restaurant and the 50+ "family" members of the Guild) has evolved over the past year, culminating in the official opening of their shared "home." To vicariously enjoy the opening or learn more about the Guild, visit their website created by member Mike Covington at [www.seacoastartistguild.com](http://www.seacoastartistguild.com).



President Ron Blanchard cuts the ribbon held by Seacoast Artist Guildboard members and exhibitors at the Gallery. Photo by Sandi Blood.



Entertainer Don Thomas turns the microphone over to Ron Blanchard, President of the Seacoast Artist Guild, and Amy Vlahos, owner of Applewood House of Pancake, at the grand opening of the Gallery at Applewood. Photo by Mike Covington.



SCAG Webmaster and exhibiting photographer Mike Covington's "Marsh Moon." For a virtual tour of the Gallery and the grand opening, visit [www.seacoastartistguild.com](http://www.seacoastartistguild.com).

A positive correlation between food and art has long been established. Numerous area restaurants have commissioned local artists to paint murals, decorate with a few signature works, or utilize their walls as gallery space. The Gallery at Applewood is one of the latter. With food-induced endorphins lifting their spirits, admiring diners can grow to love a painting and imagine it gracing their own living space.

The Seacoast Artist Guild will present a workshop, "How to Create a Beautiful Picture," with artist Danny McLaughlin. Danny will take you from the beginning of a drawing, perspective and into a finished acrylic painting. The workshop will be held at Salters Cove Clubhouse on U.S. 17 Bus., Saturday, Oct. 17, 9 a.m. to 3 p.m. (with a one-hour lunch break), \$75. For registration information, call Mary Dezzutti, 843-237-3079.

## The Moveable Feast

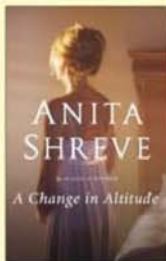
This popular series of literary luncheons, each featuring an exciting author at different Waccamaw Neck restaurants, is held every Friday from 11 a.m. to 1 p.m. The fee is \$25 and most feasts are followed by a signing at Litchfield Books at 2 p.m. Reservations are requested by the Wednesday prior to the feast. The full schedule is available onsite in the Litchfield Exchange, online at [www.classat-pawleys.com](http://www.classat-pawleys.com) or by phone, 843-235-9600.

**Oct. 2 – Robert Hicks ("A Separate Country") at Inlet Affairs.** This new novel by the author of *The Widow of the South* is a heartrending story of a decent and good man who struggled with his inability to admit his failures – and the story of those who taught him to love, and to be loved, and transformed him.

Set in New Orleans in the years after the Civil War, the book is based on the incredible life of John Bell Hood, arguably one of the most controversial generals of the Confederate Army – and one of its most tragic figures. Robert E. Lee promoted him to major general after the Battle of Antietam. In subsequent battles, he lost the use of an arm and a leg but went on to marry and father 11 children. Crippled by his war wounds and defeat, ravaged by financial misfortune, Hood had one last foe to battle: Yellow Fever.

**Oct. 9 – Anita Shreve ("A Change in Altitude") at DeBordieu Clubhouse.** With stunning language and striking emotional intensity, Shreve transports us to the exotic panoramas of Africa and into the core of our most intimate relationships. Margaret and Patrick have been married just a few months when they set off on what they hope will be a great adventure – a year living in Kenya. Margaret quickly realizes there is a great deal she doesn't know about the complex mores of her new home, and about her own husband. The book illuminates the inner landscape of a couple, the irrevocable impact of tragedy, and the elusive nature of forgiveness.

Anita Shreve returns to the Moveable Feast on Oct. 9, with "A Change in Altitude" – another beautifully written novel about relationships.



**FULL! Oct. 16 – Celia Rivenbark ("You Can't Drink All Day if You Don't Start in the Mornin'").** You can meet Celia at the book signing following the feast at Litchfield Books at 2 p.m.

**Oct. 23 – Charles Joyner ("Down by the Riverside") at Pawleys Plantation.** The silver anniversary edition of this classic study of slave life in the American South features a new introduction. Dr. Joyner takes readers on a journey back in time, up the Waccamaw River through the Lowcountry of South Carolina, past abandoned rice fields once made productive by the labor of enslaved Africans, past rice mills and forest clearings into the antebellum world of All Saints Parish. In this slave community, and many others like it, the slaves created a new language, a new religion, a new culture from African traditions and American circumstances.

## Art with a History III

The 19th Annual Art Auction and Luncheon, sponsored by the Friends of the Waccamaw Library (FOWL), will be held on Thursday, Oct. 15, beginning at 11:30 a.m. at the Litchfield Country Club. Join other library enthusiasts to bid on lovingly pre-owned treasures in all media to raise funds for books and tapes, adult programming and support for the Waccamaw children's librarian.

**Donating Friends:** Donations may be dropped off at Art Works in Litchfield Exchange or at the Waccamaw Branch Library by Oct. 10. Persons interested in donating items may contact Chair Linda Ketron at 235-9600 or Ginny Smith at 843-235-9248. We will even pick up donations at your home. You will receive a tax receipt for the amount of the winning bid on each item.

**Bidding Friends:** Tickets are only \$30 per person, \$20 of which is tax deductible, thanks to Myrtle Beach National's subsidy of the truly scrumptious lunch. Tickets are available at the Waccamaw Library or at Art Works in the Litchfield Exchange. If you would like to assemble a table of "Friends" (think about new neighbors in your community, your book club



Portrait of Linda Ketron by Helena Gomez McGrath of Georgetown.

or friends from out of town), we would be delighted to seat you. For tickets, call Deloris Roberts (843-237-2122) or the library (843-545-3623).

## Water BodyWorks

Are you looking for a good water aerobics workout before your day job? Or are you an early riser wanting to get some exercise without wasting half the morning? For the past 19 years, I've taught "Water BodyWorks" at the Litchfield Beach & Golf Resort three days a week at a time when most working folks couldn't participate without showing up for work with wet hair. My new class schedule (Tuesdays and Thursdays, 7:30 to 8:30 a.m., and Saturdays, 8:30 to 9:30 a.m.) solves that problem. Water workouts are recommended by many physicians for weight control, muscle toning, flexibility, joint protection, boosting energy, increasing stamina and post-rehab recovery from injury or surgery. The Water BodyWorks sequence includes warm-up and stretching, sustained low-impact cardio aerobics to big band and beach basic, wall and equipment exercises for strengthening and firming targeted body parts, and cool-down and stretching before heading to the Jacuzzi, sauna, steam room or shower. You can drop-in and try out a class for only \$5. For six-month or annual memberships (individual and family) and all the amenities that are included, call the resort's Beachside Health & Fitness Center at 843-235-5541.



Morning workouts in the resort ambience of the Beachside Health & Fitness Center pool are available six days a week (M/W/F at 8:30 and 9:30 a.m.; T/Th at 7:30 a.m.; Sat. at 8:30 a.m.).